

The Mysteries of Okinawa and Yonaguni

Part 2 - 2007

by Lyssa Royal Holt

In November and December 2007, I journeyed to Japan with my husband Ron for 5 weeks worth of teaching workshops, offering private sessions, and leading a sacred site tour to Okinawa and Yonaguni islands. As usual, the magic and mystery of Japan (in a way, my second home and definitely my spiritual home) left its indelible mark on my heart. I offer this article to readers as a way to share this magic. I hope that it may spark a memory or two of ancient days.

First, a bit of background. Okinawa island is a subtropical island in the Pacific that is part of a series of islands that are now Japanese territory. They are part of the “Ryukyu Kingdom” of ancient days that have a strong connection with Chinese history. The culture and history of this part of Japan is very different from the mainland. Although they have adopted some current-day Japanese religions such as Buddhism and Shintoism, their spiritual base is much older. Some say there is an unbroken spiritual lineage that goes as far back as Lemuria. (More on that in a moment).

As I discovered in my first trip here in 2005 (for a full account of that trip, please see Part 1 of this article called [The Mysteries of Okinawa and Yonaguni Island](#) [HYPERLINK THERE]. On Okinawa, the spiritual leadership in Okinawan culture is kept by female oracles and shamans as well as channels. This lineage is thousands of years old and stretches back beyond memory to a time when the water levels were lower. Each time I return here, it feels like coming home and I am welcomed so warmly by the local people, especially when they find out that I am a channel – this is a strange but happy experience!



Our group with Maeda-san on Kudaka-jima

Our group arrived in Okinawa from Tokyo on December 14 and immediately drove to the other side of the island to catch the ferry that takes us from Chinen to Kudaka-jima or “Shaman’s Island”. It is here that we met Maeda-san, the female channel/shaman who carries the ancient lineage and trains the current day priestesses. Unfortunately, we had less time on this trip than we did in 2005. Maeda-san gave us a tour of some of the sacred sites and lectured about the history (including some very interesting stories about extraterrestrial beings who used to live on this tiny island in the distant past). We were able to ask questions and watch her in action. She has such a powerful connection with the animals in particular – calling and interacting with them. She also has a very powerful presence, one that is filled with genuine love and compassion. After spending time with her, one feels a very quiet mind and peaceful heart. [In 2005 she revealed to me that she had to undergo some very powerful shamanic training to ‘burn her ego away.’ This is quite evident in her authentic demeanor and the pure joy that radiates from her.]

After our uplifting time with Maeda-san on Kudaka-jima, we returned by ferry to the mainland of Okinawa. There we had a group dinner and retired for the night. We had a very early departure the next day. [This trip was much shorter than 2005 – we were not able to visit the other powerful sites on Okinawa this time.]

The next day, December 15, we flew to the island of Yonaguni – the western most island in the Japanese island chain. (On clear days, one can see the island of Taiwan from here.) Our goal on Yonaguni island was to visit the underwater temple monument that was discovered in the 1990s by a diver, Mr. Aratake. Since that time this site has been studied by universities, archaeologists, geologists – including some well known names such as Graham Hancock, Robert Schoch, and world class diver Jacques Mayal (who is portrayed in the movie “The Big Blue”). Scholars wish to study this site because of its antiquity. To this day there is not an agreed-upon age. Scientists in some Japanese universities have dated the temple to be more than 10,000 years old and believe it to have been above water before the flood – during the ice age. That would date it at over 13,000 years old. There is even a disagreement as to whether it is manmade or natural. This is one reason why I was so thrilled to have my husband Ron with me on this trip – Ron used to be an archaeologist throughout the Polynesian islands, working for the prestigious Bishop Museum in Honolulu. He had done some underwater archaeology as well. It would be a good chance for me to get an “expert” opinion directly.

We stopped for lunch and then immediately went to the dock to board the boat. We were not able to take Aratake-san’s boat as we did last time because it was being repaired. Instead, we took a smaller boat with a glass bottom. Two years ago Aratake-san had told me that December was the month when the seas were the calmest and that was one reason why we went at this time. We were all so enthusiastic as the journey got underway.

As we approached the temple (from a different direction than we did in 2005) it was indeed true that the water was calmer and much, much clearer. (But “calmer” does not mean tranquil; many people still got seasick!) The temple sits very close to shore and close to the surface of the water (in fact some of it is above water). As we approached, the current got stronger. As we passed over one side of the temple, everyone let out an audible “Oh!” because the temple was very clearly visible in the crystalline blue water. It was breathtaking. It was much too large to see fully, so the captain had to very slowly move us over the site. But as we moved over the site, something strange began to happen – at one point in particular the energy of the site became extremely intense, causing many people to suddenly get sick, dizzy, or disoriented. (I did not get sick, but got very disoriented). It felt like hitting an energy vortex of some type. (In 2005 we were not able to get this close).

As a side note: We later had a private meeting and presentation with Aratake-san and asked him about that particular spot on the temple – was he aware of a strong energy in certain sections? He is mostly used to scientists and mainstream investigators so the question seemed to take him by surprise. He then told us that the very site we mentioned does have a strong energy and they have surmised it might have been a tomb area, but they don’t know for sure.

That night we went back to the hotel and had a channeling session in Jacques Mayal’s penthouse, where the group got to ask questions about their experiences. We also did the second phase activation of the temple using the octahedron form. (We did the first phase in 2005, as written about in the article referenced above.) As always, we gave the activation energy to Mother Earth and the local guardians to do with what was appropriate. The good news was that we did not have the dramatic results we had last time. Though there was indeed a rain storm, this second activation was much more gentle.

The next day, Ron had his heart set on diving to the temple. Unfortunately the weather conditions were not favorable, so he agreed to dive to another site instead. Coincidentally, in this most remote of Japanese islands, he met an American man who went diving at the temple the previous day. He shared not only his experiences but his photos with Ron. After Ron’s research on Yonaguni and by talking to Aratake-san and his assistants, Ron feels that

the site is indeed manmade, for a variety of reasons. He is looking forward to next time when perhaps he can actually dive, and touch the walls!

We spent the remainder of our time in Yonaguni visiting various sacred sites and listening to the ancient stories about 'very tall people' who used to live there. At night, I gave channeling sessions for the group. I do not remember much about the content of the sessions (there were some audio problems in recording them), but I do remember the warm, lovely feeling of sharing this experience with a group of sincere hearts.

As many of you know, my dream is to take a western group here ... I am working on ways to make this a reality within the next few years. I hope you will join us! -- *Lyssa Royal Holt*