

Contact in Arizona – September 2021 Report by Lyssa Royal Holt



Photos by Reuben Langdon

As I write the first draft of this report, it is now one week since the conclusion of our *2021 Contact and Consciousness Retreat*. The events of this year seem to have been a culmination of the years past, with each year providing lessons that lead us deeper and deeper into our contact experiences.

In 2021, we had deep, profound experiences on both the internal and external levels of reality that affected us in ways that we have not yet fully understood.

In this report, I will describe the events as they unfolded to the best of my ability. An edited version of the channeled audio for this retreat is also available through our web site. It is #330 Reality Theatre and the link is at the end of this report.*

Day 0 – September 22, 2021 – Arrival Day

This was a day in which most of the group arrived, but no formal activities were planned. After dinner, people mingled about, and some of us ended up wandering down to our contact site. We hadn't even set up the site yet, so no chairs or gear were ready to use. The site was completely barren.

I walked down to the site alone, but ended up finding at least a dozen people hanging around. As we began to watch the sky, we realized there was an extraordinary amount of activity. We began to see numerous flashing white lights toward the east. At first we thought they were airplanes, but we quickly realized that there was no pattern to them. It was as if fireflies were twinkling randomly all over the sky in that area. (There were no fireflies, and a participant's military flight tracker showed nothing). The energy of excitement and anticipation increased. I noticed that AI was filming video of the sparkling lights on his phone, and for some reason (even though I know that shooting the night sky on an iPhone XR would yield nothing), I began to shoot video as well. For just a short period of time, AI and I were shooting simultaneously while standing close to each other. (In my memory, AI was to the right of me, and slightly in front). On that night we didn't examine the videos, because we both knew that it would be nearly impossible to see these lights captured on our iPhones.

Then, the orange lights/orbs returned. In our past years of contact work at this site (and at other sites), we have had orange lights suddenly appear, blink at us, and then fade out. Sometimes they are at a

distance and sometimes pretty close. The first ones that showed up were pretty close and large. The pattern was that one would blink on, and another one on the same horizontal plane would appear next to it. Sometimes, a third one would appear too. Then one by one, they blink out. They always seem buoyant, as if bobbing on a string.

This really got the group excited, and we began thanking them and inviting them to continue to interact with us. At one point, I invited the consciousness behind the lights to interact with us in our dream states. As soon as I made the request, they blinked on again, as if acknowledging the request.

I am told by other group members that at this point, I became so excited that I rushed forward to the fence in front of the small cliff and the group followed me. Our interaction with these orange orbs of light continued for a pretty long time (probably close to an hour). Sometimes they would be close to us and other times they would be at the base of the mountain where they often hang out. At one point, I asked the question, “Are you one craft with two lights or two craft?” Within a second or two the light appeared to answer by blinking just once. Ok – it was one craft apparently.

This was a wonderful experience of “organic contact.” We had no gear, no lasers, and didn’t even have any chairs! This really helped us be present in the experience and not worry about filming evidence or using our gear.

After at least an hour, the activity began to lessen, and many of us felt we were finished for the night. What I’ve written above is merely my personal experience. By the end of it, our group number had swelled and each person had their own experience of this amazing event. Eventually, we went back to our rooms and called it a night.

Day 1 – September 23, 2021 (Thursday)

The workshop didn’t start until 3pm, so I spent much of the morning preparing the classroom. At lunch, I suddenly had the impulse to look at the video that I shot the night before. I nearly deleted it without looking at it because at first glance, it seemed to be just a video of a black sky. However, when I watched it from beginning to end, I was shocked at what was captured.

At 7:31pm on 9/22/21 (the time stamp on the video), I was shooting what I thought were the numerous small twinkling lights in the distance. Toward the end of the video, for a few brief seconds, a group of lights appeared in the frame that must have been very close to me because of their size. I saw nothing with my eyes! We had a group there of probably more than a dozen people, and no one saw anything physically. As I moved the video from my iPhone to my iPad, the larger screen showed me very clearly that the object filmed appeared to be a triangular or boomerang-shaped craft at close range. It briefly comes into my video frame and then disappears, but its shape is unmistakable.

View this video here:

<https://www.lyssaroyal.net/Contact-2021-Retreat.html>

I shared this video with AI, who also shot a video of the twinkling lights at the same time I was shooting. We had no time to do video analysis during the retreat, as each day was a full-on experience and when immersed in that intense energy, using the mental body for analysis becomes impossible. I will share the phenomenal conclusions of the video analysis that was done after the retreat at the end of this article.

Evening Contact Work Night 1 – This was our first official night of outdoor contact work. Once again, we were greeted by the sparkling lights. There were fewer this time, but we realized that just like the night before, these sparkling lights preceded the flashing orange orbs. After the sparkling lights waned, the orange orbs began appearing and flashing at us in different locations. However, the activity on this night was less than the night before – perhaps because, according to Sasha in a channeling that day, it was important for us not to get distracted by external phenomena and learn how to integrate both the external and internal contact experiences.

After things settled down and the group was in their chairs, Sasha gave a short lecture followed by a appearance by an Arcturan being called Cali – short for “calibrate”. She led one of the most powerful energy transmissions and “calibrations” I have ever experienced. When it ended, my physical body was actually shaking, and I heard later that others in the group had the same experience. (This calibration transmission is included on the recording for session #330).

Day 2 – September 24, 2021 (Friday)

As we usually do, the group spent the morning sharing their experiences thus far. This is one of the highlights of the retreat, because it provides a bigger picture to the work being done that is seen through the lens of each person.

Later that day, Sasha gave a wonderful lecture on the changing light body of humans, and an exercise to help facilitate the process of our “unfurling” so we can receive and process more light and frequency.

Evening Contact Work Night 2 – Just like the previous night, we were greeted with sparkling lights and orange orbs, but it was much less activity as we went deeper inward to experience contact. Sasha led some breath work and meditation exercises and then sent everyone to their beds to work in the dream state.

Day 3 – September 25, 2021 (Saturday)

This was an intense day packed with activity. During the day, the highlight was a channeling by the Sirian ambassador Hamón that he called “Reality Theatre”. Surprisingly to me, most of the participants said it was one of the best channelings they have ever heard. Hamón talked about the nature of reality (using metaphor) and the biggest challenge facing us in our evolution right now. The issue of the immense polarity on Earth was addressed, and how each person can navigate such a perilous time. (The entire lecture is on the recording for #330).

True to form, when I channel some kind of intense Sirius energy, the environment often manifests dramatic electrical activity. (This began happening in Mexico in 2001, when I first noticed the phenomenon). As we finished the day and went to dinner, it was unknown if we could do contact work outside that night. During dinner we got our answer. A violent lightening storm was brewing on the horizon and was soon upon us. We quickly moved all the gear to the classroom and prepared for an indoor night of contact work. The heavy rain was comforting and gave us a womb-like feeling as we settled in the class for the night. Being inside the classroom was a perfect manifestation of our inward journey.

So much happened on this night that it is impossible to report it all. After the opening music performed by two participants, a mini crystal bowl concert, and our contact protocols, the contact work began. Earlier in the day, a participant noticed a rainbow in the sky. When watching it, she saw a silvery craft at high altitude hovering nearly directly overhead. We watched it for a while and it never moved, despite the clouds passing by. This is a common occurrence when one does contact work, and it sometimes foreshadows a contact coming up.

As we settled into the final contact process of the night, Sasha changed the program. She said that a being had respectfully asked our group to assist a group of hybrid children who were in training. These children were young, and were on their first “contact expedition.” Our group was asked to work with them during their training. It is hard to describe what happened except to say that it was extremely profound. These hybrids interacted with our group one-on-one, so each person had a unique experience. It was widely felt that the metallic craft seen at high altitude over the classroom was connected to this experience. (This experience is also recorded in session #330).

Video Analysis

Al has taken both videos, put them side-by-side, and synched them up with the audio tracks, so we can see what was happening as each of us were shooting simultaneously. What we found was astounding.

It appears that the craft was hovering nearly right over us toward the end of my video. (Again, absolutely nothing was visible to the eye). At one point I said I was going to stop shooting because I assumed Al, more tech-savvy than I, would have a better video. Once I turned my video off, we look at Al’s video. The ship appears to move from the position where I shot it. It very quickly zoomed off in to the distance, where Al captured it further away. How do we know it is the same craft? Because in high resolution, the distinctive light pattern and coloring of the boomerang ship can be seen at a distance, too. (The ship had one large orange light that was kind of rectangular, and other smaller lights that helped to define its shape as well). The path of its movement from an area closer to us (where I shot it) to further way, and the fact that the light pattern of the craft is the same leads us to the conclusion that it is the same craft.

View this video here in the “Side-by-Side” Section:

<https://www.lyssaroyal.net/Contact-2021-Retreat.html>

From this experience we feel we can assume the following:

- Both videos capture the same craft
- It is apparent that the occupants of the craft wished to be seen on video (because once Lyssa turned her camera off, the ship zoomed out to be captured by Al)
- Craft can indeed be invisible to the eye and yet filmed on iPhone video. (I’ve read that iPhones can shoot further into the infrared range than the eye can see). The photo of Hybrid 7 (a being shot on an Android phone in 2017 during my contact retreat) was also invisible to the eye.
- The contacts with this triangular/boomerang craft may quite possibly be ongoing for our group. In 2019 Al had a pre-cognitive contact dream of a similar triangular craft before arriving at our contact retreat, and then many participants intuitively saw this craft hovering over the group during our field work. The fact that Al had such a precognitive dream about it *and* that he was one of the ones filming this two years later cannot be overlooked.

- One participant named Wendy, was heard saying on the video, “I’ve got chills, and I like it” at the moment Lyssa was filming the craft at close range. Why did she have chills? Most likely because she was feeling the presence of this craft.
- In addition to the sparkling lights, there is secondary activity on Al’s video, which appears to show a spinning lighted object under a cloud. He uses arrows in the video to point it out. In high resolution, it is quite clear.

Conclusion

As stated, so much happened during this retreat that it is impossible to recount it all and the pieces are still coming together. (Other members had strange things appear on photos also). One of the things we’ve learned over these many decades is that contact doesn’t have to be physical to be valid. In my experience, the most profound contacts are internal, but often have a physical component that serves as a type of validation that helps to integrate the experience.

This was Sasha and Hamón’s message during these 5 days: It is time now to integrate the internal and external contacts, for only then do we have a clearer understanding of the contact experience. My sense from what Sasha shared is that those of us doing CE-5 contact work who are well trained and experienced over many years (and decades) are moving into a phase now where we have to work both on the internal and external levels and start integrating them even more. Since 2017 when the photo was captured on an Android phone of the being we call Hybrid 7 standing next to me, (see https://www.lyssaroyal.net/uploads/1/5/7/1/15716170/c_c_retreat_fuji_2017_report.pdf), it seems that the contact experiences that we have been seeking are getting closer. We contact pioneers are not running the show however; the contact program is being managed by beings much more wise than we are and it is up to us to pick up their cues, learn the lessons, and move deeper into this groundbreaking phase of First Contact. Thank you to all of you doing this sacred and necessary work!

*To purchase the download from this retreat, *#330 Reality Theatre*, which contains 4 hours and 40 minutes of excerpts from the retreat, use this link:

<https://www.lyssaroyal.net/mp3-audio-downloads.html>

Photo from Video
Lyssa Royal Holt 9/22/21
iPhone XR

