Contact Activities in Laughlin, Nevada 
and the Nature of Paradox 

Report by Lyssa Royal

On August 6, 1998 I presented a lecture and then held a sky watch at the 1998 International UFO Congress in Laughlin, Nevada. The previous year, the 1997 event was chaotic because the Strange Universe television crew was present and the nearly 200 people seemed distracted. This year, things were very different.

In recent years, my husband Ron and I have been experimenting with using both the Fibonacci mathematical sequence (through music or light signaling) and the golden mean spiral in order to initiate the contact experience. Both have achieved impressive results. In sacred geometry research (most notably through the work of Mr. Dan Winter) it has been found that when a human is feeling pure love, he or she will generate a golden mean spiral frequency from the heart. We theorize that if we can consciously use this frequency (generated by the human contactee), we can reach a common ground upon which communication can happen between humans and ET life forms (and other forms of life as well).

How can humans learn to generate this heart/golden mean frequency? There are many techniques that can be helpful and each person will have to find what works for them. We have already experimented in Japan with thinking of beauty while spiraling the body and listening to a Fibonacci music tape. This resulted in an amazing contact experience. (This report is available on our web site at www.royalpriest.com).

In Laughlin, we decided to try another technique that Ron uses in his workshops around the world. It is very simple -- almost too simple! It requires a group to break up into smaller groups of four. Three people stand with their arms outstretched at approximately chest level forming a triangle or an "imaginary" tetrahedron. The fourth person stands in the middle with closed eyes.

According to sacred geometry principles, as soon as a tetrahedron is created, a spiral is automatically created within it. When working with human beings, all that needs to be done is to activate that tetrahedronal pattern in the field around the body and the individual will be able to sense the spiral. When the three people who are forming the tetrahedron send love to the fourth person in the middle, the person can actively feel the spiral energy, which closely approximates the golden mean frequency -- a possible common ground frequency for all consciousness.

We traveled to our remote desert location around 8:30 pm (after dark) and set up our site. We had a full moon and partial clouds that moved across the sky. There were approximately 60 people in our group and for the most part, all group members appeared earnest and sincere in their desire to experiment with various contact techniques. Once we assembled and had an orientation to the four directions and the night sky, Ron led the group through the exercise as discussed above.

It was amazing. Despite disorienting conditions (darkness and moonlight) during which many people had difficulty seeing, the group was able to profoundly feel the effects of the exercise. The exercise shifted the group "mood" and energy to one of quiet reverence. As soon as the exercise was completed, the activity in the sky began.
Usually, our contact groups go through a series of activities (including thought projection exercises) before we have any manifestations of contact. However, on this night, the activity began very early. A considerable amount of people began pointing to the zenith overhead and claimed to have seen a "star" (or object) that moved in various directions. The excitement became so high that myself and my field team (Ron, my husband, and Phoenix teammate Wayne Peterson) had to bring the group back into focus through light signaling and visualization.

Many people were acutely viewing the object in the zenith and reporting what they saw. People were seeing the object move from side to side, then away, then back again. This group was aware that the night sky (especially one with clouds) can create illusions. However, the movements that the object was making were so erratic that most of the group (including at least one known pilot) came to the conclusion that clouds could not pass over the "star" in a back and forth (and erratic) movement in the way that the object appeared to be moving.

Because of the size of the group, I was not able to hear everyone’s point of view. However, I did hear some comments that were unexpected. This event really seemed to affect individuals on very deep levels. One man who has been attempting to make contact for years told me that he finally felt like he succeeded and that it gave him a great sense of peace and happiness. In fact, a large number of participants were lying on their backs and appeared to be having a profound inner experience of contact that I have not seen with large groups that I have not had the opportunity to fully train. I am convinced that something happened this night, but I am not sure what.

The next day, the conference organizer Bob Brown took an informal survey of the people who attended the skywatch. He wished to relay to me a consensus interpretation of what happened that night. Though the group was split 50/50 as to whether the moving object was conventional or paranormal, he relayed to me what he felt was the most meaningful opinion. When one man was asked if the object was moving or not moving, the man's reply was, "It moved me." If there was a consensus experience, it was that the majority of people at the skywatch were moved by the experience, whether they felt it was a true contact or simply a heavenly illusion.

This, I feel, marks a turning point in contact research. I am not interested in the questions such as, "Are there really UFOs and extraterrestrials?" or, "Was it really a UFO or wasn't it?" In my years in the field, I have found that the most important aspect of contact research is this: Is the contactee moved? Did the experience teach us something about ourselves and/or the universe? This night's events showed that a high percentage of people exploring the contact idea already know life exists outside of us. Their primary concern is how this potential contact can affect our very souls and help evolve us to the highest human potential.

So, is there truly an "objective" reality? (This of course would mean that the universe has nothing to do with us and we are simply products of something outside of ourselves.) If there is an "objective" reality, then the object was either a conscious intelligence or it wasn't. If it wasn't, then 50% of our group were tangled in illusion. If it was a conscious intelligence, then 50% of our group were not open enough to let themselves experience it. Does it have to be either? Can it be both?

We already know that our universe is based on polarity. For we humans to evolve beyond the need for polarized thought, it requires a tremendous effort on our parts. My other-dimensional contacts have always told me that when one can see paradox, one is the closest to the Truth. They say that paradox reflects the polarized universe in which we live. If we can allow paradox to exist without needing to cling to one or the other explanation, we are experiencing an important evolution and making it possible for us to experience a more fluid reality capable of interdimensional contact.

Was it a conscious intelligence or wasn’t it? Does it matter? Can the results of a skywatch profoundly affect the observer without any definitive answers? The answer to that last question is yes! The paradox points to our ability to move beyond polarity into the realm of the experiential, in which all is valid simple because it creates an effect -- the profound movement of emotion within the observer. That emotion (energy-in-motion) is what is true and real and cannot be denied. If it changes you, some aspect of the experience must be real!
Because these sky watches move so many of us, we continue going out into the field. Not an evening goes by that a lesson is not learned. When all is said and done, what will matter more -- the "proof" we gather that can so easily be discredited, or the evolution of our souls? Each seeker will have to answer that question . . . and make peace with the inevitable paradox that lies behind every path on our way to discovering the Truth.

Lyssa Royal
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Since the 1990s Lyssa has held contact workshops in which the issue of contact is intimately explored. These events include "contact work" where the groups go into the field to initiate contact. For more information about these events, please see our web site at www.lyssaroyal.com.

Many of Lyssa’s experiences and the core of her research is written about in the book Preparing for Contact, available through Amazon.com.