Greetings. This is a message for Lyssa’s group of channeling students – those who are in the current cycle of the program, and those who will be joining in the future as their potential begins to awaken. Some of you have heard that since the first class cycle, ‘Mother Earth’ as a planetary being seems to have taken a special interest in the students, and has been one of the entities channeled by one or more of you in every generation [of classes] since. This connection was not something that Lyssa has structured into the program on purpose. It is not a coincidence either. Perhaps instead of saying ‘connection’, I should call it a ‘reconnection’.

This reconnection is not something that I have actively done in recent times, and by that I mean the past 13,000 years. Many of you lived on this planet when this previous cycle happened and it may be the reason why you are back again at this time, to complete the full 26,000-year Earth experience and assist in the transformation of others. Some are already remembering parts of this as you hear this message. For me, the best way to describe this feeling is like seeing my children come home after a very long and tiring journey, during which they experienced so much, some having become very strong and tough, some too tough, some sly, some battered, but all wiser deep down inside. And on the outside, we appear to have forgotten a lot about each other. But you know a mother never forgets her children.

No, you weren’t big furry monkeys swinging on trees 13,000 years ago, in case you are wondering. In fact, you were quite developed already. For the majority of you who are from Japan, this was around the period of time when you just starting making your first pottery vessels, and when human consciousness and genetic development was at a special turning point in different places around the planet. Most of you would know about the Jomon Jidai pottery figures that look like elaborate figurines of humanoids in big astronaut suits and goggles. In a society when hunting and gathering was the main source of food, when agriculture was not fully developed and warfare did not involve any advanced armor, you can only guess what they hinted at – I had visitors, from space.

This was in fact a time when open contact was happening, and ETs were communicating and sharing knowledge with early human civilizations in different parts of the world. Another interesting fact you may know is that while the famous Sphinx in Egypt is said to be 2,500 years old by modern-day archaeologists, Egyptologists have said that based on the weathering alone, it has to be at least 10,000 and up to 12,000 years old, because it was only back then that the Sahara desert could have had that amount of rainfall to cause that level of erosion. This is true in terms of Earth’s conditions, and the building of the Sphinx did happen around the beginning of the 13,000-year cycle – much earlier than what the archeologists said, and this cycle just ended on Dec 21, 2012. You may have heard from Lyssa already about the significance of the 26,000-year cycle and its influences on human consciousness every 13,000 years above and below the galactic disc, so I will not repeat.

So what does this have to do with Mother Earth, open contact between ETs and early humans, and channels, you might ask? During this time, a few civilizations had come to
Earth to manipulate the genetic structures of your ancestors, primarily to create a lesser but obedient species out of them to further their agenda of galactic and ideological expansion, which again, was just another part of the cosmic drama. Lyssa may also have told you this story or directed to resources where you can read about this part of your history.

The Sirians were a civilization that was not pleased with what the other visitors were doing to early humans in their experiments and what would happen if they succeeded. Although some wanted to engineer humans so that they could eventually incarnate into them and further their own galactic agenda, at the end they really believed that the free will and future of humankind should be respected and untampered, and that humans should be allowed to develop in their natural course, eventually evolving into a conscious species responsible for the destiny of their own civilization, be it the rise or the fall.

They also deeply respected the design of the human genetic blueprint, its many structures, bio-intelligences, capacities for higher emotions and vast intellect that made it clear that man was a masterpiece creation between heaven (the cosmos) and Earth’s planetary consciousness (Mother Earth, or Gaia), indigenous and destined to thrive on this planet. Even though your ancestors were not as developed and genetically-activated as they were at the time, the Sirians saw their own distant past through these Earth brothers, and finally decided they would be your champions, or rather, the champions of your freedom. It was a decision that I, of course, welcomed.

In deep meditation, which was not difficult to them, they connected with me, and asked for permission to essentially intervene with the future of what they felt was Gaia’s most prized creation. I said yes, not because I wanted to propagate the increasing polarity that other civilizations have brought upon the planet (it was unavoidable anyway with the unfolding of events), but simply because when you look at something so precious and so hard to come by in the vastness of the Universe, you don’t want to see it enslaved and robbed of its potential to evolve spiritually for probably an indefinite amount of time.

This is the kind of love that Mother Earth often expresses when it comes to humans. I want you all to be happy and free – free of false identification with the material world, mental bondage that often comes with great intellect, and any ideas that you are not whole, not connected, and not in charge of your destiny.

As expert DNA engineers, the Sirians offered to advance the genetics of early humans for the other star visitors and pretended to help further their agenda in exchange for peaceful coexistence. On my part, I extended, or “plugged”, a steady stream of planetary life force into the “evolved humans” that the Sirians so masterfully worked on, breathing life into what the other visitors only saw as subjects of advanced experiments (their own experiments would not live very long). For those of you who have watched the Avatar movie, you have seen the metaphor of the Home Tree, and a very basic idea of how planetary life force and consciousness may flow.

What the other visitors didn’t know was that the Sirians were essentially altering the evolutionary path of humankind, by encoding “safeguard programs” into your genes. These programs were inserted to make sure that when you reached a certain level of consciousness, you would begin to remember your galactic heritage and unlock the capacity to grow towards it. Considering that we have people learning how to channel before and after 2012, I would say the Sirians have done brilliant job, even though it was a sneaky one at the time.

In appreciation of the partnership, I collaborated with them to synchronize their frequencies with a physical form that matched their psycho-spiritual make-up so perfectly that it would allow seamless inter-species incarnation, to live and reproduce on Earth from then on, if they wished to do so. These are the cetaceans, or dolphins, now harbored in the oceans of the
Planet where they can continue to watch over and inspire you. Current scientific research now shows that the dolphin lineage has reflected an adaptive evolution in its nervous system, representing an independent evolution of a large brain animal, which typically has a very slow mutation rate in natural evolution. This was our work. Other research shows that some of the genes that give dolphins their advanced cognition are the ones related to mental disorders in humans when damaged, causing conditions like autism and schizophrenia. Dolphins also have the ability to switch diseases, like diabetes, on and off. This all shows that the cetacean body is a highly advanced, marine-based physical form that carries even greater emotional and intellectual potential than humans. They are really your star brothers and sisters in Earth-friendly bodies.

So now, I think by now the big picture is more or less painted out and my connection with you is becoming clearer, although not completely clear yet. Now let me tell you why I have been connecting with your channeling classes [given by Lyssa]. In the ancient days, the Sirians wanted you to be a free species and they managed to alter the course of your history. And you may think: but still, human consciousness fell into this disconnected, ego-centric, heavily masculine state 13,000 years ago that we are just starting to get out of now. The irony really was that despite ET intervention, the shift of the ages as a cosmic law still revisited Earth like clockwork. Its impact was another part of the cosmic drama, and the ETs’ many plans spinning out of their control added to the drama. So despite all the ET contact and genetic advancements, human consciousness had to go through a harsh winter.

When winter comes, while you maintain pockets of warm shelters and watch over some people and continue to nourish them, you have to accept that out there many things will wither and fall away, and know that springtime will come and all will flourish once again. Confusion, struggles and losses abound, this period provided a wellspring of opportunities for beings from all around the Universe to experience what they needed to experience in a third density polarity environment. On the galactic heritage level, this 13,000-year cycle was also a time when a lot of the polarized dramas and karma from other civilizations played out on Earth, in a time of intense trials and tribulations.

So, Spring. It’s all happening again, 13,000 year later, in a very different world, and I am hosting a huge population of much more evolved and advanced children. Your worlds, or I should say your material, emotional and mental worlds, have evolved at a speed that is fascinating to watch in what seems to be a blink of an eye to the Universe. Even though your desires, fears, feelings, aspirations and intellectual abilities are far, far more complex now, they have always been part of the design blueprint laid down by your galactic ancestors. So in that sense, none of what you do is ever a surprise, from the most twisted acts of crime and conflict, to the greatest feats of artistry, kindness and compassion. It is all part of the Earth-human experience.

However, the knowledge that you are a masterpiece creation between Heaven and Earth and the awareness of your star connections is what is now lost in the human mass consciousness in this new Spring. It is like waking up from such a deep sleep that you are not really recognizing where you are and what happened before you fell asleep. I feel like a mother looking at a bunch of yawning children, and I am smiling knowing that you will be hungry when you wake up – hungry for spiritual nourishment and evolution. This nourishment exists in the world culture now, but we need more of it, much, much more of it. This is where channels come into the picture in a very significant way.

While humans are my most prized creation, I have to say that channels are closest to my heart. They are what I call my “crowned jewels”. It is through your spiritual connections and your words that my consciousness comes to be known, so that Earth is not just perceived as an unconscious object floating in empty space. It is because of channels that I become recognized as Mother Earth. My story is so intrinsically tied with yours, and the more people
come to hear it and discover their profound heritage as children of Mother Earth and the stars, the faster they wake up – from the dream of false identification with the material world, mental bondage that often comes with great intellect, and any ideas that you are not whole, not connected, and not in charge of your destiny. You will become a citizen of the galactic family, and realize that every fellow human being is a brother or sister, for you are all one species.

So for these reasons, I have offered to become a patroness, or spiritual mother guardian, of the channeling program led by Sasha, Germane and Lyssa, and of many other groups doing similar work around the world, to fuel the flame in the rise of consciousness in a new chapter of the galactic story. You will also realize that many of you will develop an affinity or natural talent for the healing arts, or the tendency to combine channeling with energy healing. It is because while channels are the sapphires of my crown, healers are my emeralds, metaphorically speaking. Both are very close to the Earth energy and the two disciplines are very much intertwined on this planet.

You may be wondering how you can connect with my energy. While many others simply direct their focus deep underground towards the heart of the planet and surrender into its subtle frequencies (a more shamanic approach), there is a method that I would like to offer to students of this channeling program, which is marked by extraterrestrial energy from the very beginning. While Earth energy is commonly thought of as coming from below, the encodings that the Sirians programmed into the human genome are located in the heart energy center, or the anahata chakra.

**Connecting with Gaia**

Calm your mind and enter a channeling preparation state. You can do this before your channeling invocation, or after your channeling session. Feel a subtle shimmering green energy that is predominantly in the heart chakra surfacing throughout your body, like a galaxy getting sprinkled with more and more stars. Start to gather this energy towards your heart energy center like a slow migration, forming a ball of nebulous, green plasma that ebbs and pulses. Through the top of your head, energetically call out to the Sirian energy. Say this invocation: “I Remember”. You may feel blue lightning-colored flash from your crown chakra into your heart, or see little arches of lightning starting to roll on and inside the green plasma ball. It is not important whether you see the same images in your mind, but it is likely that you will feel a deep sense of reference, of memories flooding back, and sometimes it can bring you to tears. The sensation will explain much more than I can with words, so please try and experience it for yourself.

Without having to deliberately hold the energy or do anything with it, simply play with it, bask and dwell in it, like a child running on a grassy field and lying down and enjoying the sunlight. When you are comfortable with the energy, start reaching out and sensing the green/blue lightning energy in others around you. You may recognize the same energy signature in every human being you scan in this state. You may even notice arches of lightning jump over from you to them like a Tesla coil. This is natural and does not mean you are specifically connected to this person, for all humans are connected as a species. You may come up with the idea to expand the linkages into a grid to connect people together, but I assure it is not necessary, for it is already built into the system.

Instead, if you wish, what you can do is to say a few words of prayer and send it out to them through your heart energy center. The message is: “Be free. Pass it on.” When you feel you have completed the experience, you may simply relax and let the green energy disperse and fade off into your internal galaxy. Let go of any expectations in the real world for the people you may have visualized in your exercise. All is coming.
With this, I complete my story for today. I will continue to watch over your group in the months and years to come. Thank you for choosing this path. What you are doing now will energetically leave a trail for others to follow, and over time, this information will be reintroduced into the human mass consciousness, a long-term mission that your star brothers and sisters are also working on. More people will be born knowing this already and grow up with a deep respect for the planet and their Earth brothers and sisters, and Spring will enter its full bloom once again. ☀