

Seed of Life Institute Presents ...

The Annual Contact and Consciousness Retreat

*An advanced training to explore and initiate
interdimensional and extraterrestrial contact
as a path of consciousness evolution*

Facilitated by author, contact researcher and seminar leader
Lyssa Royal Holt

Sept 29-Oct 1, 2017 in Tumacocori, Arizona

Held at Pocket Sanctuary at Kenyon Ranch
(40 minutes south of Tucson)

Begins Friday, Sept 29 at 3pm (includes dinner only)
Saturday, Sept 30 all day and evening (includes breakfast, lunch and dinner)
Ends Sunday, October 1, around 3pm (includes breakfast and lunch)



*This document contains complete information about the upcoming retreat.
Please read it in full before sending us questions, thank you!*

The Core Principles of this Annual Retreat

Human evolution is moving at a rapid rate and soon our technology will, without a doubt, bring us face-to-face with the reality of life beyond our Earth in its myriad forms. Before that happens, we as a species can facilitate a smooth transition into a universal community through preparedness, and an understanding of human consciousness as it encounters the new paradigm of extraterrestrial and/or interdimensional intelligence.

In this weekend exploration, we move beyond the idea of whether extraterrestrial or interdimensional life exists. Instead, we embrace the idea that it does, and explore how we as humans can create a common ground upon which two 'alien' species can meet. Upon that common ground, how do we reach out? And furthermore, how does the human consciousness react to such a shift in reality and perception? We will explore this and much more during this rare opportunity to work with Lyssa Royal Holt, who is a world renowned author, channel, and consciousness researcher who has been working in the field of extraterrestrial and consciousness research for well over 20 years.

The focus of this work is never the ETs themselves, but rather -- who are we in relationship to them? We utilize a reflective paradigm in which contact with other-worldly beings becomes a mirror in which we can

see ourselves and refine our consciousness. We do not chase UFOs; we open ourselves deeply to contact that is much more profound, satisfying, and essential to human evolution as a whole.

What Will Be Included in the Workshop

While we will explore many topics too numerous to list, these are some of the highlights, below. Plus, there are always unexpected surprises!

- Two nights of field work under the stars (weather permitting)
- Experiential exercises designed to prepare the human consciousness for contact
- Lectures and channelings from Lyssa
- Exploring the human ego and its response to contact
- Trainings in field work and contact protocol as needed
- Meditation and integration exercises
- Much more!



Scenes from the 2016 retreat, above.

A Note about Our Work: *Lyssa's approach to contact work emphasizes that the participant evolve beyond the polarized thought of "good guys" and "bad guys." We are all ambassadors and therefore our personal belief systems and judgments must not be a part of the contact process. In fact, for the contact process to be successful and fulfilling, we must move beyond these limiting belief systems. For nearly 30 years, Lyssa has worked with the same group of extraterrestrials and interdimensional entities who have guided her research and every group has been completely safe while doing this work. Individuals with a high level of fear about this work, or who see some ETs as "bad" and others as "good" should think carefully about whether this work is right for them at this time. Group consciousness is a key element in contact work. Our group welcomes all those beings working with us and have never had any fearful experiences.*

In addition, it is important for participants to examine their motivations for participating in a retreat such as this. If it is purely to see a UFO, obtain evidence that ETs exist, or for any reason other than connecting joyfully with universal life and exploring the nature of consciousness, this retreat is probably not right for you. For those of you who are excited to be pioneers in the field of contact and consciousness research, we hope you will join us!

Suggested Reading

Lyssa's book *Preparing for Contact* (new edition in 2011) is suggested to be read before the retreat. It is available from Amazon.com. In addition, check out our free library of articles and transcripts at <http://www.lyssaroyal.net/-library.html>. We also have a YouTube channel called *SOLi School | Lyssa Royal Holt* that has a collection of videos of Lyssa channeling on galactic history.

About the Retreat Location

Pocket Sanctuary at Kenyon Ranch is nestled in the secluded foothills of the Tumacacori Mountains in the Santa Cruz river valley, south of Tucson. It is a former 'dude' ranch built in the early 1930s, renowned by Hollywood stars for its privacy. It has been renovated recently but still retains its western charm. According to the local Historical Society, this location was first inhabited 11,000 years ago. There are hiking trails on the 92 acre ranch and quiet spaces for meditation. Further information about traveling to the ranch will be given upon registration. The location is quite remote and perfect for our private outdoor work. You may view their web site at: www.kenyonranch.com.

What to Bring

In addition to the usual workshop items like a **notebook, pens**, and personal things such as your favorite meditation cushion and pillows, we do suggest that you prepare yourself for outdoor activity at night. Nights in late September in Arizona will be warm (and rarely any mosquitos) or pleasantly cool. Light cotton clothing or jeans should be sufficient, with a **jacket** in case it gets chilly, which can unexpectedly happen. (In fact, we often have strange weather during contact work, so it is advised to be prepared for all weather, including very cold). Bring a **flashlight**, and any other items you may wish such as a comfy camp chair, and binoculars. (a limited number of outdoor chairs will be available at the retreat center, so if you have a favorite outdoor chair that you can bring, please do). Please be aware that the ranch is in a secluded location where there is much wildlife (including snakes, javelina/wild boar, deer, coyotes, etc). Also, this will be the end of the monsoon season, so be prepared for possible thunderstorms, wind, and heavy rain in the late afternoon to evening. Bring an **umbrella** to walk between the conference room, your bedroom, and the dining room. The room is carpeted, but you may bring a yoga mat for further cushioning if you wish. No shoes are allowed inside the room, so bring socks or slippers if you wish. Bring **sunscreen, sunglasses**, and a **hat**, because the days will still be hot and sunny. Bring a **bathing suit** for the pool and Jacuzzi, as well as a **beach towel**. Bring **protective shoes** (no sandals) for fieldwork in the dark in the desert (cactus!). You will also need an **alarm clock** and **personal toiletries**.

Workshop Price

Workshop prices are defined below, and prices depend upon some of your choices for meals and lodging. Please note that depending upon the size of the group, single rooms *may* be available at an extra charge, but the number of single rooms are limited. Rooms for couples are available.

Standard Registration No Special Meals	\$515 (includes lodging and food)
Standard Registration Special Meals	\$535 (includes lodging and food)
Single Room if Available No Special Meals	\$580 (includes lodging and food)
Single Room if Available Special Meals	\$599 (includes lodging and food)

Payment may be made by credit card (Visa, MasterCard, Amex or Discover), check/money order, or via PayPal. More information is on the registration form.

Arrival by Air

If you are arriving by air, the closest airport would be Tucson. You will need to rent a car to drive to the retreat center due to its remote location. You may also fly in to Phoenix as well. The drive from Phoenix is approximately 2 1/2 hours. (The retreat center is located about 40 minutes from Tucson and less than 30 minutes from the Mexican border). We are happy to recommend others who may be flying in so that you can share cars.

Retreat Center Details

Please read this section carefully as there is a lot of detailed information to help you plan your trip and keep you happy and comfortable during the event.

✧ Arriving Early or Departing Late

For those participants who wish to arrive a day early and/or leave a day late, you are welcome to do so. Your extra room and board will not be handled through us. If you wish to add days to your stay, please contact Kenyon Ranch directly at (520) 298-8073 or email Maria at ranchkenyon@gmail.com. You will pay for your extra time separately.

✧ Meals

Kenyon Ranch is known for its delicious healthy food and warm service. We know that people have dietary restrictions, so on your registration form you will be able to request special meals. The group's menu will be prepared taking into account all the limitations of the group as a whole. As long as you state your needs (within certain guidelines) there will be something for you to eat at every meal. The choices include: No red meat; Vegetarian; Vegetarian/Chicken; Vegetarian/Fish; Vegetarian/Fish/Chicken; Gluten-Free; Gluten-Free/Vegetarian; Sodium Free; Vegan. Food is served buffet style, so no matter your diet, it is likely you will find plenty to eat.

✧ Classroom Conditions

We will have the private use of a very large and comfortable classroom that is in a separate building with restrooms inside. The class is carpeted and no shoes are allowed so please bring slippers if you need them. There will be straight-back chairs and back-jacks available. There are also a limited number of yoga mats and camp chairs as well. As we usually do meditations that sometimes require you to lay on the floor, we do recommend that you bring a yoga mat or blanket if you can. Depending upon the group size, there may not be enough yoga mats for everyone. Food and open drinks are not allowed in the classroom, but drinks in a covered container are ok.

✧ Parking

There is plenty of parking on site. If you have a car, it will be safe to leave there during the whole weekend.

✧ Rooming

The ranch has a series of casitas with rooms that house 2-3 people each. For the most part, the rooms are spacious and quaint, with a western decor. Single rooms are limited, and there is an extra charge for them. The availability of single rooms depends upon the group size. On your registration form we will ask you a number of questions about your roommate preference and we will do our best to match you with a suitable roommate. If you wish to request a specific person to be your roommate, you may of course request that. Please note that some rooms have queen beds for two, and some have single beds. If you are registering as a couple, we will ask you if you can share a bed in one of the queen rooms. Please answer all questions so we can easily put you in a room that meets your needs without having to contact you directly. Thank you!

✧ Pool and Jacuzzi

There is a pool and jacuzzi on the premises and participants are welcome to use them. Only our group will be there, so the pool area will be private. Please bring a swimsuit if you wish to use them, as a swimsuit is required.

✧ **Wi-Fi**

Wi-Fi is available in select areas of the ranch. You will be notified of those locations upon check-in. Because we are in a remote area, we cannot guarantee cell phone reception. (If you must have cell phone reception, please contact the ranch to inquire about the cell coverage).

✧ **Massages**

Massages are available on-site and are not included in the tuition. As we get closer to the event you will be notified of the basic times of the activities and can then schedule directly with Kenyon Ranch. Because the weekend will move very fast, there won't be much free time for massages (except for mornings, lunch & dinner breaks). If you are arriving early or staying late, a massage may be a great option to help you integrate your experience.

✧ **Grounds**

The retreat center is quite large and includes a meditation labyrinth, hammocks, a lotus pond, horse corral (and horses!), hiking paths, and numerous quiet areas for rest and reflection. This is one of the reasons why we use this location. We have been here many times (both teaching *and* attending events) and so we know you will enjoy it!

Basic Schedule

This schedule is subject to minor changes, but the basic structure will remain.

Friday, Sept 29

- 1:30-2:45pm - Arrival and Check In
- 3:00-6:00 - Classroom Activities
- Dinner Break
- 7:30 to ? - Outdoor contact work (weather permitting)

Saturday, Sept 28

- 10am to 1pm (approx) Classroom activities
- Lunch Break
- 3:00-6:00pm (approx) Classroom activities
- Dinner Break
- 7:30 to ? - Outdoor contact work (weather permitting)

Sunday, Oct 1

- 10am to 1pm (approx) Classroom activities
- Lunch Break
- 2:00-3:00 (approx) Closing Session

Meals are included for Friday dinner, Saturday breakfast, lunch, and dinner, and Sunday breakfast and lunch. (6 meals)

Lodging is included for Friday and Saturday nights. Unless you have made arrangements for extra nights, guests must check out Sunday morning and depart the retreat center after the final session on Sunday, closing at 3pm.

CANCELLATION POLICY - Refunds are available until September 1, 2017, except for a \$45 processing fee. After September 1, no refunds are available unless you can secure someone to take your spot. If you have extenuating circumstances, please let us know. If you need to cancel, you must submit your request to us in writing by email or fax, before September 1. You must insure that we receive and confirm your cancellation email for the refund to be valid. In case of emergency, you may leave a voice mail or send a fax to our office at 602-404-1456. If we have received your message of cancellation we WILL confirm. If you do not hear from us, please keep trying because it means that we haven't received it.

The completion of your registration form and sending it with your payment instructions holds your space. Because we expect this workshop to be quite full, please do not register unless you fully intend to participate, to make it fair for everyone wishing to attend. We will be processing the payments in the month of August. If you are concerned about your registration and whether we have received it, you may always email us at our general address. However, in addition to being directed to the confirmation page, you will receive a personal email from us confirming your registration. If you do not receive a confirmation email, please contact us!

DISCLAIMER - By registering for this workshop, you agree to take full responsibility for your safety, behavior, and experience during this event. Seed of Life Institute will do its utmost to provide an environment that is secure and supportive for each participant. However, in the event of any injuries, unforeseen circumstances, or acts of God, you agree not to hold Seed of Life Institute LLC (or its representatives) liable in any way. Should participants have special needs, it is the responsibility of the participants to either request assistance for their needs or take the necessary precautions to care for themselves.

By registering for this workshop, you have confirmed that you understand and agree to our cancellation policy and the disclaimer (above).

Please read all the information we've prepared for you on the promotional documents for this workshop, as there is important information there about how you can best prepare for this exciting event. To access these documents, go to the [Schedule](#), under the September section. We will also begin sending emails to the group during September to help you prepare. We look forward to seeing you in at the event!

Contact Info

Should you need to contact us, email is always the best way to reach us. We do have a phone/fax line that is not answered and has voice mail only.

Emails: royalpriestresearch@hotmail.com or info.solischool@gmail.com

Voice Mail & Fax: (602) 404-1456

TO REGISTER

Go to our online form at:

www.lyssaroyal.net/registration-ccretreat2017.html