

# Channeling & Quantum Integration

An Intensive Training Course in 3 Modules

with International Channel and Author Lyssa Royal Holt

Module 1: April 20-22, 2018

Module 2: May 18-20, 2018

Module 3: August 17-19, 2018

(Cycle 2 – The Second USA Class)

Held at New Vision Center for Spiritual Living

18010 N. Tatum Blvd

Phoenix (Paradise Valley), AZ

- Deepen your connection to your Higher Self and beyond
- Explore and befriend your inner landscape of consciousness
- Understand and clear the human ego
- Connect with conscious integrated beings from other realms
- Develop (or refine) vocal channeling and/or other methods of channeling
- Experience the inner alchemy of consciousness integration
- Change your life!

## **This course is held in 3 Modules - Homework is given between modules**

*This is the most in depth and comprehensive channel training offered anywhere, by a trance channel with 30+ years of experience. It is for those individuals who are excited to make a deep commitment to their growth and willing to do the intense inner work necessary to help unlock their inner potential. The course is based on the principles of inner alchemy. Results are seen to the degree that students are willing to consistently engage the process and sincerely do the homework between modules. Because this is a somewhat advanced course, it is recommended that students have some experience in spiritual or metaphysical practices, though channeling experience is not required. Optional Graduate Training and/or Post-Graduate Mentorship available*

**Lyssa Royal Holt** is a channel with 30+ years of experience navigating the inner landscape of consciousness and bringing through the teachings of beings from beyond the human realm. She has spent those 30 years refining her skill, clearing her ego (an ongoing process) and learning to work in partnership with it, and offering seminars and private sessions to clients and students in more than 25 countries worldwide. She is most known for her classic books that include *The Prism of Lyra*, *Preparing for Contact*, and her recently-released *Galactic Heritage Cards*. Lyssa has offered an in depth, year-long channel training course in Japan since 2009. This is the second time this in-depth course will be offered in the USA.

Please note that this course is not channeled by Sasha or Germane through Lyssa in the trance state. It is instead consciously channeled by Lyssa, with help from Sasha & Germane when needed. Early on Lyssa found that channeling needs to be taught from the human perspective to truly help humans do the inner work necessarily to channel clearly.

## Deeper Intentions for this Course

Having taught channeling since the late 1980s, Lyssa has witnessed that a powerful alchemical process happens when one makes the commitment to start the journey of opening to channel. The course is not so much about achieving the goal of channeling. Instead, the course is more about the journey of opening, deep integration, and awakening that happens as we engage the process. Thus, this course is perfect for those wanting to take a profound step in their spiritual journey, even if their goal is not to channel. It is a very deeply transformational course, so participants should be ready to redefine all that they "know," and embrace a new way of being.

The course is *not* recommended for those looking for a fast payoff, for those not willing to do the homework, or for those only focused on the goal of channeling at the professional level. While some of Lyssa's students have gone on to become professional channels, we have found that a goal such as that often impedes the process. It is best for students to come to the class with an open heart and mind, and to let go of 3D intentions and motivations so that the Universe can offer an experience that is authentic to each individual without the ego trying to control the process.

## Structure of the Course

This course will be offered in three, 3-day modules that begin on a Friday and end on a Sunday. Each module represents a specific theme of development and refinement. While there is a basic course structure, Lyssa will modify the lessons and pace of the work according to the group's needs. Below is the basic structure.

### **Module 1**

Learning about what channeling is and isn't  
Specific breathwork, meditation, and energy exercises to begin the opening  
Learning to navigate the inner landscape of consciousness  
Chakra and energy work to prepare the energy field for channeling  
Ego work and the role of belief systems in channeling  
Channeling exercises appropriate to the group abilities  
Developing the relationship with the Higher Self  
Channel self-care (Module 1)  
The process of consciousness awakening and how it relates to channeling

DVD: Each student will receive a DVD (and/or YouTube private link) with the homework exercises for module 1 so they may follow along at home between modules.

### **Module 2**

Specific breathwork, meditation, and energy exercises for Module 2  
Ego work and learning about our "inner voices" that can affect clear channeling  
Chakra and energy work for module 2  
Deepening the relationship with the Higher Self  
Activating the pineal ("psychic") energy through various exercises  
Beginning to learn your unique style of channeling  
Energy blendings and connections with the unseen guides  
Channeling practice (as appropriate for the group)

DVD: Each student will receive a DVD (and/or YouTube private link) with the homework exercises for module 2 so they may follow along at home between modules.

### Module 3

Specific breathwork, meditation, and energy exercises for Module 3

Channeling practice (Exercises are designed for your unique group & abilities)

Chakra and energy work for module 3

Addressing the concerns, questions, and insecurities of developing channels

How to take your channeling deeper

*Note: The curriculum for module 3 is always fluid, depending upon the abilities and needs of the group. In general, this module is spent doing much channeling practice to help you refine the ease with which you channel. Each student will be encouraged to develop their own unique style, rather than only working in the style of channeling used by Lyssa.*

DVD: Each student will receive a DVD (and/or YouTube private link) with the homework exercises for module 3 so they may continue their development after the course.

### Graduate Training

An option exists for the group to choose to have one more weekend (2 or 3 days) of training and refinement, most likely to be held in January 2019. This option will be discussed with the group in module 3. In Japan, this fourth module is offered in a power spot so that the group can make use of the powerfully integrative energies at power spots and how it can affect channeling. If the group wishes it, we will design this training specifically for the group. Optional post-graduate mentorship with Lyssa is also available periodically if needed or desired.

### Feedback from Past Students

*The techniques Lyssa taught made channeling surprisingly easy and such a joy! I was surprised at how peaceful and excited the experience made me feel at one and the same time. The workshop material included psychological and spiritual techniques to help identify and remove blocks to channeling as well as to other, more mundane life goals. Clearing within yourself seems to help clear the path to communicating with other beings. (D.J., Phoenix, AZ)*

*From April 2015 into January 2016, Channeling and Quantum Integration was an incredible nine month period of gestation and growth for me. Under Lyssa's loving tutelage, I have transformed in ways that are difficult to put into words. A magical alchemical process seems to have taken place in the womb of our work together, one that surprises and delights me. I was drawn to the training to connect with my higher self, that was the carrot. The stick was my own, the recognized need to focus on a spiritual path, release my emotional baggage and find a way to that wiser voice within. But I wasn't sure what I was getting into. Having followed channeled material since my early 20s I had learned to exercise great discernment with what I read or heard. I felt sure of Lyssa based on the quality and care she demonstrates with her books, recordings and presence online. She is a professional, but even so, I was thrilled to find an in-depth and comprehensive training that includes everything you would expect to be addressed in this type of training, and so much more. I am deeply appreciative of the thoughtful and insightful inclusion of many unaddressed issues around being a channel that I would not have considered myself until much later. This course is a worthwhile investment. It is priceless - not just in terms of dollars, but more importantly, in terms of life energy, health, sustainability and a much stronger connection to source. The support is genuine, with wisdom and practices I will return to again and again. The care, consideration and love put into all aspects of this training and the people you meet are extraordinary. If you feel the tiniest glimmer of desire, check it out. You won't regret it. (J.H., Duvall, WA)*

*I feel so at home in [Lyssa's] classes that I feel safe to flub up or succeed - it doesn't matter. [The classes] invite me to come completely out of my comfort zone and try something new . . . I feel tears coming as I write what [Lyssa] and Ron have done for my GROWTH and my LIFE. (T.R., Scottsdale, AZ)*

## Your Commitment

Once you commit to taking this class, the process of letting go and clearing begins - sometimes even before the course starts! Over the years of offering this course, the power of this process continues to reveal itself. It is requested that students of this course view this as a sacred experience and because of that, they make every effort to engage the process fully by doing the homework between modules and attending each module. Students must attend all modules in the order they are given, and practice between modules, for this process to activate fully.

We have structured the USA course to be the easiest for those to attend both for local students and those coming from out of town. The total is 9 days, but they are not given all at once. (This would be impossible for Lyssa, and it would not trigger the deep transformational process that unfolds with time between modules). By signing up for the course, you commit to attending, and paying for, all three modules. For your convenience, we will invoice you for each module a few weeks before it starts so you do not have to pay the entire fee up front. We are not offering a discount for full advance payment because we are already discounting the prices. We will simply charge your card (or invoice you through PayPal) a few weeks before each module, with the understanding and trust that you will follow through with your attendance for all three modules.

Should an emergency come up and you cannot attend on specific days, we will make every effort to try to provide you with the course material missed on that day (via recording) to the best of our ability. Lyssa's style of teaching is to reinforce the self-responsibility of each student in their own process. This means that the more the student gives to this process, the more they receive in return. Students are responsible for doing the homework, practicing, and engaging the process in between modules in order to see their desired results come to fruition. If students miss sections of the class, they are responsible to obtain the material they missed from other students or (with prior arrangement) from Lyssa.

## What is Included

Included in the fees for the course are the following:

- \* All classroom activities, lectures, and exercises with Lyssa
- \* A workbook
- \* A DVD and/or private YouTube video for each module to help with practice
- \* Email contact with Lyssa between modules if assistance is needed.

## What should you bring with you?

- \* **A digital recorder** - unlike other workshops, we encourage you to record everything, especially guided meditations and lectures, so that you can practice later.
- \* **A yoga mat or towel** - for exercises in which you are on the floor. (Note: This is the first time we use this conference space, so we aren't sure how many people we can have on mats on the floor. If the group is large, we will not have much time spent on the floor due to space considerations).
- \* **A notebook** for notes

\* A new **personal journal** to use just for this class (separate from the notebook). You will use this journal at home to record your experiences and progress. We recommend that you buy a journal that you visually love so that you will be happy to use it! Consider this journal your “mobile altar.” It is an important part of this process.

\* Wear **comfortable clothes** in which you can easily move, as you will receive simple stretching and energy exercises for each module that are appropriate for anyone at any level of fitness.

\* Your favorite meditation **cushions, pillows, blankets**, etc., for your comfort during meditation. (We will have some blankets, but not enough for the whole class).

\* **Snacks and personal items.** We will provide some bottled water, hot water for tea and coffee, as well as simple snacks like nuts or granola bars. Please bring your preferred snacks, tea bags, and/or bottled water if you prefer them.

### Hours

We will adjust the hours (especially the end time each day) based on the group needs and the class material. However, the general hours are beginning every day at **10am** and ending around **5pm**. On Sundays we might end earlier if many people have to go to the airport. We will have a leisurely lunch break.

### Location

This course is being held at New Vision Center for Spiritual Living in the Paradise Valley area of north Phoenix. Their web site is [www.newvisionaz.org](http://www.newvisionaz.org). The main cross streets are Tatum Blvd and Union Hills. The address is 18010 N. Tatum Blvd, Phoenix, AZ, 85032. Once we receive your complete registration, you will get more information about which classroom on the campus we are using as well as other information.

### Meals

There are no restaurants within walking distance of the venue. Students often carpool to local restaurants at lunch time. You are also welcome to bring a packed lunch and there are many places on the New Vision campus where you can have an outdoor lunch if it is not too hot. Once we receive your registration and we get closer to the event, we will also send out a list of local restaurants near the venue such as Whole Foods, etc.

### Hotels

If you are coming from out of town and need to find nearby hotels, here is a list of the closest ones, with the closest first, followed by those a bit farther away. They are all within a 8-15 minute drive. Please note that it really is not possible to walk to the venue from your hotel due to the desert heat in the months of the course.

- Holiday Inn Express (Desert Ridge)
- Sleep Inn (Scottsdale Road and Bell Rd.)
- Hampton Inn (Scottsdale Road and Bell Rd.)
- Courtyard Marriott (Scottsdale Road and Bell Rd.)

*Note: Past students have used Airbnb to book apartments close to the venue.*

## Course Tuition

As stated above, you will be invoiced and debited a few weeks before each module for the amount due. By signing up for the course, you commit to attending, and paying for, all three modules. There are a limited number of spaces for this course so that Lyssa can work easily with individuals and provide personal attention. We already have quite a large preregistration list. We expect this course to fill completely and thus all spaces must only be held for those fully committed. Below are the fees for each module, payable a few weeks before the module begins, by personal check (to Seed of Life Institute), PayPal, or Visa/MasterCard/Discover/Amex. (Please note that we use PayPal Merchant Services to charge credit cards under the name Seed of Life Institute LLC).

Module 1	April 20-22, 2018	\$395.00
Module 2	May 18-20, 2018	\$395.00
Module 3	August 17-19, 2018	\$395.00
	Total Paid in Installments	\$1185.00

**To register**, please use our online registration form. The registration form requires a valid credit card to hold your spot and insure your participation in all three modules. We will not debit your card unless you have requested to pay by credit card, and it will not be debited until a few weeks before the appropriate course module.

## Self-Responsibility

*By registering for this course, you agree to take full responsibility for your safety, behavior, and experiences. Students agree that they are fully responsible for interpreting and applying the information and techniques they receive and will not hold Seed of Life Institute, the SOLi School, Royal Priest Research, New Vision Center, or Lyssa Royal Holt responsible or liable for events that may arise that are directly or indirectly related to the advice given. Students are responsible for making their own choices in the application of the information and methods provided during this workshop. Should participants have special needs, it is the responsibility of the participant to either request assistance for their needs or take the necessary precautions to care for themselves.*

## Links to Documents

### **Info Page:**

<http://www.lyssaroyal.net/channel-training-usa-info.html>

### **Registration Page:**

<http://www.lyssaroyal.net/channel-training-usa-regx.html>

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