



SEED OF LIFE INSTITUTE PRESENTS

Introduction to Quantum Navigation

**A Two-Day Workshop with Ronald Holt
February 18-19, 2017**

"I experienced Ron Holt's teachings for the first time. It was what I was needing in my life. I had asked for a direction and I got it. Grateful!" — R.G., Phoenix, Arizona

**Sat: 1:00-8:00pm
(with dinner break)
Sun: 10am to 5pm**

Held at Storm Wisdom
3375 E. Shea Blvd A-1
(Shea Blvd & SR51)
In N. Phoenix
\$199

For Registration:
Please see our web site

www.solischool.org
Schedule Section

Surrendering to the Quantum Energy of the Heart through Quantum Navigation Meditation

Within us lies a vast and layered landscape that is built from our experiences, challenges, and belief systems that we have carefully constructed as physical beings. The landscape contains many objects that protect the dream so that we do not awaken. This landscape is like a map that we can use to lead us back "home" within ourselves - almost like a video game complete with archetypal characters, dragon slayings, death and rebirth, and ultimate victory over illusion. But very few of us actually go inward to engage this landscape, learn about it, and use it to heal ourselves and affect the physical reality - mostly because we don't know this inner map exists or how to work with it. Once we know how to navigate the map, we can follow it into the quantum, into the heart, and back Home again.



Ronald Holt has practiced and taught meditation since the 1980s and is a certified Taoist and Hatha yoga teacher at the master level. He is most known for his work as the director of the Flower of Life Research organization from 1997-2013 and his practical teachings of sacred geometry. Since the 1990s he has offered workshops in Japan, the US, Europe, and many countries around the world. He often works with his wife, channel and author Lyssa Royal Holt

In Ronald Holt's personal inner work of over 30 years, he has learned to navigate this map, meet and interact with the archetypal guardians and teachers of this inner realm, and, using the quantum energy of the heart, experience the nondual abiding consciousness of all creation. In these last 3 decades, he has shared this work with very few - mostly working one-on-one. Now, for the first time, he will begin to offer it to groups.

The workshop will consist of lecture, meditation, and experiential work. With Ron's guidance, participants will begin to learn the contours of their inner landscape and what their unique inner map looks like so they can go within - to slay their own dragons, heal their hearts, release what no longer serves, awaken from the dream, receive the deep universal love, and pave a solid path back Home again. Prior meditation experience is recommended, but not required.

Quantum Navigation Meditation Sessions will continue at Storm Wisdom on chosen evenings on a periodic basis so you can continue your practice.



Presented by Seed of Life Institute and the SOLi School
www.solischool.org | info.solischool@gmail.com

"Excellent Class! Ron's insights take you into self love and spiritual connectedness. His deep listening as participants shared their experiences, allowed for great personal development "
— JR, Arizona