

Moving Beyond Conspiracy

A Deeper Understanding of Radiation and Consciousness Transcendence

Sasha through Lyssa Royal Holt

Many people around the world are concerned about conspiracies and the transformation of our Earth. In the aftermath of the great quake and tsunami of 2011 and the Fukushima nuclear meltdown, the Japanese especially have asked for guidance and insight into this most troubling catastrophe. In a private session in Tokyo with Lyssa channeling Sasha, a client got to the heart of the matter by asking for a deeper understanding of the lessons learned from focusing on conspiracy theories and the fears surrounding radiation.

Q: In the past, you've channeled about natural catastrophes happening because of suppressed emotions. Humanity has come to the point where it doesn't need catastrophic events or wars to evolve. But even so, we see these catastrophic predictions coming up on the internet all the time, especially those older predictions from the 1940s. I see this stuff around, and every time I see it, I read your books again. Perhaps it is then a dumb question to ask you what the future is going to be like!

Sasha: Obviously there is no way to predict with 100% accuracy. You are correct, it will depend upon the choices of the mass consciousness. It will also depend upon repressed emotion on a mass scale. If we were to speak from this moment right now ... and now, a second later, this moment changes again, yes? In this moment, we would say that your planet is on a trajectory of healing. It is on a trajectory of evolution and awakening. But *how* that comes about is shifting from moment to moment.

We know that one of the biggest fears on your planet is the fear of the shift coming through absolute and total catastrophe. We don't see that a high probability. There may be pockets of catastrophe like March 11 [the devastating earthquake and tsunami in Japan], wars, and things such as that. But even those aren't necessary. This is the reason why we are always really trying to help people to focus on healing *themselves*. When you do, you help to release the burden from the mass consciousness. So your work with your inner child makes a difference.

Q: I realize that. When emotional incidents happen in life, I realized that I needed to face my emotional issues and suppressions. Some of the people I know are against the nuclear power plants in Japan. They were going to protest against them. Do you think that protests like that and the people going to them are releasing this suppressed emotion?

That is a really good question. In a case of protests (whether it is about nuclear power plants, the financial crash, or whatever) it always depends upon the *inner* state of the one doing the protests. For example: If you have a guy who really submerges himself in his victimization and he feels like a victim of everything, and he is angry all the time, then that energy is not a release. That energy actually perpetuates the negative energy.

But let's say that there another guy who has a positive vision for the future. This vision is one of transformation. He knows this vision of transformation will come because of the group efforts of people. He feels moved or excited to join with a group to express an idea.

That is a *positive* manifestation of this idea. It doesn't perpetuate that negative emotion. That type of a "protest" is much more helpful.

So if we had a special machine and could fly over the nuclear protests and use our machine to read who is feeling what, you would find that a good amount of people are in rage, but a good amount of people are there with positive enthusiasm for change. It is one of the reasons why right now there is not dramatic change. It is nearly 50/50. When the more positive and helpful and integrative energy gets strong enough, it can then help to heal the energy that is acting from rage. Do you see how the dynamic works?

In that sense then, we would never say, "Don't protest, because it is just anger." That is not always the case. It all has to do with the inner state of the person doing the protesting. Of course, the inner state (the emotions) creates a resonance field. If you have a large group that is in a very balanced state, they can neutralize the negative energy. It is all about energy resonance. This is an optimistic outlook. There are actually a lot more people with this positive state of mind, it is just that they are not motivated to come together. Often it is the negative energy that is more motivated to come together - that is the challenge.

Q: Lyssa has channeled in the past about conspiracy theories and said that when you believe they are true they become true, because everyone creates their own reality. But I do kind of feel that there must be some secrets that the majority don't know.

Well that is true, yes, but the issue is again back to consciousness. If people focus on those secrets and focus on the anger of having those secrets kept from them, then what are they creating? More of that anger! Yes there are some nasty things that have happened on your world, and many of them have been kept secret. But, where do you want to put your focus? In the end, the raising of consciousness is what is going to shift the paradigm and that raising of consciousness doesn't come from "knowing the truth" with the mind, which is really the ego. Your planet will *not* be able to shift the mass consciousness if it is focused on the anger about conspiracy theories or on demanding to know the "truth". That is a distraction.

Q: Yes, I feel that people who always talk about conspiracy are linked to those involved with the conspiracies - like a shadow reflection of them.

That is very insightful! There is a ripple effect that happens. There are those involved with conspiracies who then leak information about conspiracies. But the information they leak is not true - it is meant to distract you from the *real* truth. The information that is leaked is often leaked to people who are teachers, workshop presenters, researchers, etc. The information might seem really valid. These credible people spread it. Then the *real* issue is buried even more. So after those seemingly credible things are spread, they take root. As the public starts placing their attention on those roots that are spreading, the *real* truth of what happened stays untouched. The public gets distracted by these juicy stories, and consciousness doesn't get raised.

That dynamic is very insidious. That is one of the main reasons why we will not empower conspiracy theories. We want to raise consciousness, *not* help consciousness become attached to those spreading roots.

So if you enjoy conspiracy theories, look at them as entertainment, like the gossip magazines. But don't give your energy to them.

Q: A lot of people still talk about Fukushima and that radiation is still leaking. What do you think is really happening with the nuclear reactors at Fukushima? There are so many conspiracy theories about it!

What we sense right now is that on the human level, there is so much disorganization. No one really knows for sure. People cannot get to the site for long enough periods of time to adequately study. It is very difficult for any human to know what is truly going on. Thus, theories go out there. From the point of view of the beings helping you on the nonhuman level, there are teams helping to neutralize radiation. But part of our commitment to helping civilizations grow is that there is a point beyond which we cannot interfere. Because of that, we can only help to a point -- otherwise we take away the lessons that need to be learned.

On a higher level, some of the lessons involved with Fukushima have to do with learning to think outside of the box and how to do things outside of the standard, traditional ways of doing things. Another human lesson has to do with asking for help from the outside. There are many experts offering to help who have been rejected. Part of it is the chaos, and part of it is the pride issue. There are a lot of things going on that is causing the slowdown of the cleaning up of the situation. There are some cover-ups in terms of some people who are responsible for certain things and a desire to protect them. There has also been some censoring of information about the strength of the radiation. But on the other hand, the radiation has spread to so many unexpected areas in an unpredictable way. They don't know, and that alone is embarrassing.

If Earth people in general (not just the Japanese) could get together and work cooperatively, this situation could be turned around very quickly. That is also part of the lesson, too. To some degree there is a part of the government of Japan that doesn't want to look at some very unpleasant things. There are many things going on.

Q: As you were talking I thought that we are receiving a lot of support from beyond the human level. Nagasaki and Hiroshima also experienced the atomic bomb, but they recovered very quickly. People were saying at that time that recovery would be impossible.

The difference between the 1940s and now, in terms of recovery, is because there was a lot more harmonious joint effort in the 40s. In a sense, it was more simple. A bomb dropped. Many people died. The attitude was to come together and heal it. The Fukushima situation is more complex. You are dealing with the aftermath of an earthquake, a tsunami, the nuclear accident, and all the bureaucracy about the nuclear plant itself. The bureaucracy is creating a barrier so that the greater population cannot be more helpful in healing the situation. That is the lesson TEPCO [the energy company] is providing, as well as the government. At some point, it has to shift. Let's hold the vision that it shifts without the need for another dramatic situation.

This is a wonderful opportunity. Not just for Japan, but for the whole planet. Japan has the opportunity to be a world leader in paradigm-shifting if it wishes to fully embrace that role.

Q: Why aren't there more bureaucrats with higher consciousness?

Because bureaucrats are playing the role of the externalization of the human ego. The human ego has its positive and negative aspects. But as a whole, in human existence, the ego is generally the obstacle toward enlightenment. We like to see the macrocosmic and microcosmic level, so just like the human ego is an obstacle toward enlightenment, the bureaucracy (politicians and hierarchical business structures, etc.) are the externalizations of the negative ego.

If you were to look at, for example, a comparison of your culture and my fourth-density Pleiadian culture, yes, we still have bodies -- so we still have egos. But the ego is purely a *function* to keep us in physical reality. It does not interfere with our evolution. Thus, our social structures are not hierarchical. They are not polarized, and they don't obstruct evolution. As humankind is moving from a third- to fourth-density reality, you are feeling that conflict between those externalized egos and the force of transformation that is strongly running through the mass consciousness. It is one of the reasons why lots of information is coming out now about cover-ups and dishonest business practices. It is a purging. As that stuff is now coming up, that purging can open the way for the more positive forces to begin an evolutionary reconstruction.

We see what is happening in your world not as a sign of sickness, but a sign of purging -- leading to transformation.

Q: If bureaucrats and politicians are an externalization of the human ego, what does radiation represent? What is the meaning of this?

What a wonderful question! No one has ever asked that question that way. Recognize that our interpretation is just an interpretation. When you are dealing with the world of symbology, symbols can be interpreted in many ways. How would we interpret the symbol of radiation? It has to do with the "fires of transformation." This means that as an ego transforms, and the human becomes enlightened, there is a process of "burning" that takes place. In a sense, the ego burns away the baggage, the things that are held that stop you from evolving. The consciousness becomes free.

Radiation is more than fire, because radiation permeates dimensions. Symbolically, it activates that transformational fire. Because it affects the physical reality, it is like a representation of burning away the more dense aspects of self. Each time there is an incident that has something to do with radiation, it can be seen as an opportunity to *really* transform quickly. It is usually used in times when you want and need to transform quickly. Even though it may seem that the way Fukushima was handled was a failure, it is actually too soon to tell. It is still in progress. There are still opportunities for transformation. ✧