

The Null Zone

Excerpt from #239

Sasha through Lyssa Royal Holt

November 12, 2011 – Mt. Fuji, Japan

[This session was recorded during Lyssa's semi-annual contact retreat held near Mt. Fuji, Japan.]

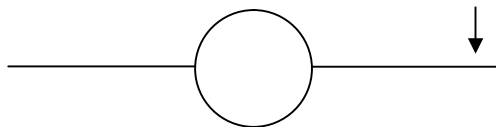
Sasha: First of all, let us talk about the energy shifts going on for Earth. We would like to look at them from a universal perspective and tie it into the issue of contact work. Hopefully it will all make sense in the end!

There is a Mayan calendar researcher on your world that some of you may be familiar with. His name is Dr. Calleman. His research does not talk about the type of calendar research that most people have heard about; his research does not discuss the ending of the calendar on December 21, 2012. We would like to pay respect to his work, but we are going to interpret it in a very "Sasha-like" way. Recognize the information we are about to share is our *interpretation*, with our own information added for good measure.

Let us begin by giving you the metaphor that comes from [Lyssa's book] *The Prism of Lyra*. Don't worry if you haven't read the book. The metaphor is as follows: If you have pure sunlight and shine it through a prism, you have a rainbow. The prism fragments that unified light into seven different frequencies. In *The Prism of Lyra*, those frequencies are called "densities." They represent different states of consciousness. You have the level of consciousness where humans have been (third density); you have fourth density consciousness which is how Pleadians express their consciousness, etc.

Much like a rainbow, all those frequencies exist simultaneously and when you see the different colors of a rainbow, you are just seeing that unified energy in its fragmented state. Let us use that metaphor and let us move it now into the energy coming from the galactic core.

We very often talk about this information through metaphor because it is easier to digest, and we will do that now. This is supposed to represent your galaxy [with the plane of the disk drawn as the straight line] ...

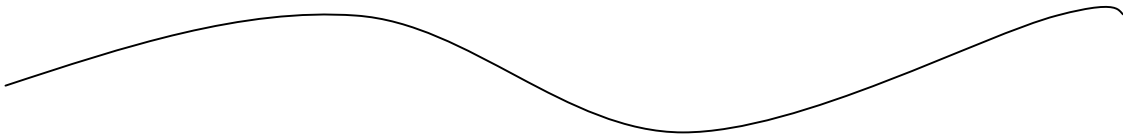


The human solar system is roughly where the arrow is pointing. When creation happened, you had a massive output of energy. This energy expressed itself on many different spectrums like the visual spectrum, the sound spectrum, etc. In the end, it is all just frequency. One of the most important roles of the galactic core is that it acts like a metronome – an instrument that musicians use to keep the beat. That activity of the “galactic metronome” dictates the speed and movement of evolution. This is an actual frequency. When we say “evolution,” yes, we are speaking of physical evolution, but that is just a small percentage. We are really talking about consciousness evolution. Consciousness is really all that exists in creation anyway. The physical stuff – a chair or a human – are fragmentations of the whole.

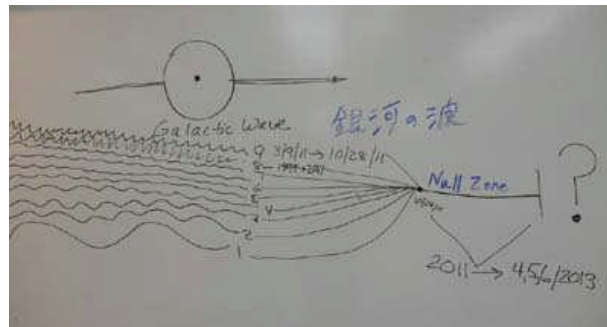
During galactic creation then, you had this sudden outpouring of frequency. Much like the idea that we shared about densities or colors as they separate from the unified field, we are going to describe this galactic wave and

what happens as it “separates” into a wave spectrum from the point of creation. Just like the rainbow analogy, as soon as this galactic wave energy enters the physical reality, it fragments. The primary frequency that is generated at any given time is equal to the evolution of consciousness in the galaxy at that time.

So this frequency of galactic creation fragmented into nine waves. What each wave means is not important for our discussion. The first wave, when the galaxy was in its infancy was a very long and slow wave.



You see this with the evolution of stars and planets. Their life spans are millions of years. The next wave is still long and slow, but faster than the last. We cannot draw this with any accuracy. This is just an example. Each successive wave is a little bit faster, though still pretty long. This represents the evolutionary cycles within your galaxy. [Sasha draws nine waves on the board, as an approximation of the successive speeding up of each wave. Below is a photo of her drawing.]



The ninth is the fastest. Just to give you a perspective, the eighth wave happened from 1999 to early 2011. The ones before that were much longer. The ninth wave started March 9, 2011 (yes, two days before the earthquake in Japan). It ended October 28, 2011. Keep in mind that all of these exist simultaneously even though we are presenting this information in a linear way. When the final, ninth one ended, all the waves integrated together. We’ve drawn it, but not very well. They came together on October 28, 2011, which was about two weeks ago in your timing.

This means that all the energies that were previously fragmented are now in a process of integration. All the expression of polarity that has been the template for your reality is now ending. This doesn’t mean that instantly the Earth will become a paradise. As you know, there is a lot to clean up.

But what this means is that the template of polarity no longer needs to be expressed for the growth of the whole. You have now moved into a singular wave which we have drawn as a straight line here. You can all it a “Unity Wave.” Thus, the metronome that comes from galactic core is now in the process of harmonizing all of its frequencies.

So many people have been wondering what would happen on October 28th. For instance, many people in Japan have asked us, “Will there be another quake?” Well, you experienced the March 11, 2011 quake as a direct

result of the energy of the 9th wave. Even though it was a tragedy, obviously, it was a *huge* planetary service that helped to move you into the unification of all of the waves. So what happens now? What does this mean?

There have been people who have come for private sessions who have asked questions about prophecy. Obviously, there is a lot of turmoil on Earth right now. There is a lot of pain. Some people are very worried. But you've now entered what we call a "null zone." What do we mean by this?

Very often when people ask us what will happen in the future, we can see what the strongest energy is *in the moment*, but while you are in this period now, it is very hard to see anything clearly. It is like all of the potentials are active. *Anything* can happen, so it depends upon where you put your energy. This is a very sensitive time. That means that the energy that you interact with during this time will plant the seeds for the future. If you, for instance, spiral into a paranoid fear of apocalyptic scenarios (to be dramatic), then those are the seeds you are planting. But if you use the challenges that you are facing as tools to refine your spiritual growth, then *those* are the seeds you are planting. It becomes very important to choose where and how you wish to focus your energy.

So how long will this period last? As we read the energy now (which is very difficult), we would say that from now in November 2011 to about ... April, May, or June of 2013, it is a *very sensitive time*. You can see this in an exciting way by utilizing this time period as the time to consciously plant seeds. Certainly, that is what we recommend. We would also recommend, in your personal growth, that you use this time period to do as much deep personal growth as possible. After that period is a big question mark. It is exciting and scary at the same time, yes?

Why are we talking about this today? And because this is a contact retreat, how do we connect this information with contact work? The channel Lyssa was telling you earlier about her views on why contact work is important. Contact work itself is so very important for your planet. It is true that every planetary civilization goes through a period of maturing. At some point, the planet has to make peace with the idea that they are not alone in the universe. As you know, there are forces on your world that don't really want that information out. But the irony is that inside you, most of you *know* there are extraterrestrials. Most people know this truth, but yet there is this fear about doing the work necessary to bring the truth into the open. Some of it is political. There are some groups on your world who want control of certain things. *But, there is one thing no one can control – the awakening of consciousness.*

When your people evolve to a certain state of consciousness, this information about ETs is going to come out. You cannot contain this type of information about your connection with the universe at the same time that consciousness is evolving. When you do contact work, on a personal level, you are opening yourself to that reality. On that personal level, you are integrating your own galactic roots. Maybe you are awakening past and future lives that are not from the Earth. This integration process changes you as a human. As a human, you can no longer embrace the limited standard human perspective. In a sense, you become meta-human. Human Plus!

From my "Sasha perspective," this is one of the reasons why we are so passionate about doing this contact work with you. Because we see this as a way to help you expand your consciousness and connect with the multidimensional being that you are. However it is not just connecting with it – become it in the here and now as a human. Can you have a human body, be aware of yourself as a terrestrial being, but simultaneously be aware of yourself as a multidimensional being with many extraterrestrial roots as well? Yes, yes, yes!

Once you do, and enough of you do, it shifts the whole morphogenetic field of your planet. People have asked us over the years many times, "Why don't you just land in the middle of a baseball field?" "Why don't you do

something so obvious that no one can deny it?” It may be unbelievable to hear, but we have *already* done things like this. We are *fascinated* with how humans have found a way to either ignore the evidence or work really hard to discredit the evidence or even threaten the witnesses. You are all so creative!

One of the things your civilization has taught us as a contact team is how important it is to start from the internal level with the contact process. The external level simply isn't enough. If you are driving down the freeway and there is a ship in the sky, many people would say, “Look at that!” Maybe for 1 out of 10, it would change his or her life. The other 6 find a way to either not remember it or convince themselves it was a blimp or something. For the remaining people, it becomes a big question mark. Because the mind doesn't like question marks, they probably don't think about it much any more. That is why, from the point of view of an ET contact team, the only way to shift the paradigm is from the *inside out*. ☆

This is an excerpt from session #239, Null Zone, available by download at www.lyssaroyal.com. To learn more about contact work, as well as Lyssa and Sasha's groundbreaking work in this field, please see the new book Preparing for Contact (revised edition, published by Light Technology in 2011) or join one of our contact retreats held around the world.

