

Integrating Galactic Heritage

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Germane and Sasha Channeled by Lyssa Royal

Note: this is an excerpt that focuses specifically on the Zeta Reticuli species.

Germane: All the other races we've mentioned to you, we've somewhat shared with you an integration or an orientation that comes from their past. Most of you who are familiar with the Zeta Reticuli know that they come to you more from the future.

Emotional integration for the Zeta Reticuli will be quite obvious. Most of you are quite aware that they do not have emotional bodies--or, they do not let their emotional bodies speak. Part of what they are doing in the "abduction" experiences with you is allowing themselves to learn about emotionality. They are already in the process of initiating emotional integration.

For mental integration for the Zeta Reticuli, they are highly, highly mental. So the challenge for them is to integrate emotionality into the mentality. This is the hardest thing for them to do. This is their challenge. They must watch you in order to do this, because they don't have another model that they feel comfortable with to view. You are it. As you begin as a race, as a culture, integrating your mentality and emotionality, the Zetas learn quite a lot from you. That is how they will achieve mental integration.

Physical integration goes right back to the idea of genetic experiments in creating hybrids. All of you are aware that the Zeta Reticuli are creating hybrid races from the mixing of the genetics between themselves and the Earth human. So they are already instigating the integration between their race and the human race. The human race represents genetics from all the galactic family. So instead of going about and taking a little bit from each group, they come here and take it from you. They can get all the genetics in one place. That is their present state of integration physically.

The spiritual integration of the Zeta Reticuli will occur through their allowance of their movement into fifth density [nonphysicality]. For many, many generations they have kept themselves in fourth density (which is still physical) but they are barely, barely physical. They have not been willing to allow themselves the natural movement into fifth density and therefore to an evolutionary leap in their own spirituality. When they perceive they've gotten what they need in terms of genetics, when they have created a hybrid race that can self-perpetuate, they will then allow themselves to let go and move into nonphysicality within fifth density.

People are now, in this time frame, beginning to remember abduction experiences. They are remembering them from as far back as the 1950s. Back then, you were not, as a mass consciousness, working on uncovering or the releasing of negative emotions. Now you are. So now you are uncovering not only abduction experiences, but sexual molestation, child abuse, etc. It is coming up now because you have the support of the mass consciousness. Everyone is dealing with it on their own level. You will support each other as a planet.

The challenge on your planet in terms of physical integration is to go beyond the prejudices of skin color and religion so that the genetics will begin unifying. We are not necessarily talking about all of you looking alike, like the Zetas. That is taking it to an extreme. What we are talking about is simply on an energetic level there being a willingness (no fear, no resistance--just a willingness) to integrate your genetics on your planet. As long as the barriers are gone and you are willing to do this you will not necessarily have to carry it out physically. That willingness will be enough to heal over the resistances you've had in the past.

The Zeta Reticuli are genetically engineering the hybrids and they are using our physical females for their incubators. Are they doing it on an etheric level? Is it really a physical level?

It depends on the specific Zeta group, and the specific desire of that group. It is actually occurring on a physical level for some. Approximately between three and four months of gestation is when the fetus is removed. Those of you who do a lot of reading on this will note that there are some testimonies given from doctors where one day a woman is pregnant, and the next day she isn't--and she has not had a miscarriage.

Do they take the fetus by surgery?

There are several ways. One is like what you would consider to be psychic surgery. This is a change in the molecular level of the vibrating cells of the human body so that they may actually pass their hands or instruments through the skin without breaking the skin and remove the fetus. They then will close up with no scars left behind.

A few individuals have had scars left behind. It depends on the group. Usually the scars are around the navel.

Since our women are being used, how do human males play a part in this?

First of all, there are many different genetic experiments being done by many different groups. In terms of the Zetas overall, the sperm is used for study. For some of the less technologically advanced ET groups, they will receive the sperm in the way you normally would on the Earth plane. Sometimes this is achieved through the rubbing of a substance on the body of the male to achieve a sexual arousal. Then the collection of the sample is taken. That is for some of the less technologically advanced races.

For some of the more technologically advanced races who represent the higher vibrational Zetas, the samples are taken etherically--somewhat in a similar way through the idea of psychic surgery. They have the ability to pass their hands within your body and take anything they wish. It is a way for them to collect the samples without trauma--at least as little as possible.

Sometimes if you have memory in the dreamstate of having interactions with the Zetas, just because it was not physical does not mean it didn't happen. It doesn't mean it wasn't real. It is just that their capabilities are such that they can interact with you. They can get what they need without dragging you out into the ship to get it. Other groups do it that way.

Why is this going on? Has this been going on for thousands of years?

Linearly on your planet, you see that it has been going on for a long time. In terms of the origination point of the choices of these races to do this, it came from basically a span of one hundred years outside of your own time line the decisions were made to do this. So therefore from "out there" they have allowed themselves to interact all along your time line. This gives you the perception that they have been doing it for this long period of time. From their point of view they haven't. They have just come in to different parts of your time line.

They talk about similar things in the bible. I feel we go in cycles. What is beyond this?

We are not just talking about the idea that they have been interacting with you since the 1940s. We are talking about thousands of years that this has been going on.

Are you saying that all of these different time lines are coming together now?

Yes, because the peak of the experiments has to take place when your planet begins reaching a certain vibrational frequency. Right now you are doing this. The Zetas, in terms of their history, nearly destroyed themselves. What they are doing is attempting to learn from their own mistakes by watching you, and also try to assist you in any way they can to not make the same mistakes that they did. So this period of time right now when you have developed atomic capabilities is the peak time where you can go in a direction of destruction. This is the time now that they are interested in your genetics, more so than thousands of years ago. [Germane departs.]

Sasha: Greetings. I am allowed to talk a little bit about one of the other genetic experiments that is going on, but it is focused from the future and going into the past of your planet. This we call the Zeta-Pleiadian Alliance. We have alluded to this for the past few years but have never really delved in detail into what it is. For now we will give you an idea of what it is.

When we say Zeta-Pleiadian Alliance, it is the final touches of the genetic experiment on Earth. The Pleiadians spoken of are not from my time. They are from my future. The Zeta Reticuli spoken of are also from a very distant time, right before they transition into fifth density.

The Zeta-Pleiadian Alliance is putting the finishing touches on the genetic experiments on Earth by coming back through time into the time when civilization was forming on your planet, and attempting to create what you call the Asian races. The Caucasian races, the African races, the Semitic races are all basically all Lyran/Sirian genetics. However the Asian races have a little bit more of something else thrown in. That little bit more is a higher level of both Zeta and Pleiadian genetics.

This is very difficult to describe because of the loops in time that are encountered with this specific experiment, however it is already known to be a success. The genetic base of the Asian races is the precursor to the civilization that some of you know of as Essassani--which is one of

the hybrid races that becomes a success (a cross between the Earth human and the Zeta Reticuli).

So all we can say at this time is that the genetic experimenters (the ones who are doing the genetic work on your planet) come from many points on the time line and they can go to any point on your time line. We understand this is confusing. Are there questions on this?

Ultimately, what is trying to be gained through all of this from the genetic work?

The creation of a race that will be integrated on the physical, emotional, mental, and spiritual levels. It is understood that personal growth work will bring about the integration on the levels of the emotional, mental, and spiritual. But the physical level might need to be a little bit more worked on--it may actually need to be some type of physical manifestation. Those who are doing the experimentation are taking that into account.

There is also the desire to create a race that is a step down from the Founders which will be the base race or the evolutionary leaping point that all other races will go into. Evolution, in terms of your galactic family, is seen as a loop. The Founders fragmented and came outward and got to the far end of the loop. That was the farthest point of separation and fragmentation. Then the energy, the consciousness, the physicality, the genetics, starts coming back together. As it takes on the other side of the loop, more integration occurs. It is that portion of the loop that will see the forming of a humanoid race that becomes the integrated version of all of the evolutionary journeys of the different galactic families.

How does this relate to individual physicality?

If one says, "I do not wish to be abducted anymore. I do not wish to be a part of this," that statement is a statement from separation rather than integration. We mean this in the sense that you are allowing the ego to speak, to dictate the entire reality of the all levels of being.

When one understands that if something is happening to you already then obviously you have agreed to it, that is the point at which you can work from. The challenge there becomes learning to know that your will is aligned with the Divine Will. Therefore every action, choice that you as a complete being makes will be an action that is aligned to the Divine Will and there will be no question as to what you want and what your soul wants as being two different things. There will be a recognition and a knowingness of your own flow to the point where you will not question. But when that totalness, all the levels of yourself chooses something, you can go in that direction. You are not bound.

The resolution of this is not comforting to humans. It means that you let go of the control of your life--in the sense of forcing control instead of moving with the flow.

So the ultimate purpose of human beings is integration?

Yes.

You said they are trying to produce a race from the humans that is a super race? You are speaking about the base race for the future?

Yes. The race of integration. In terms of the drama that you've all played out in many lifetimes in many systems, the human race on Earth is beginning to be the combination of all those genetics, and the mental, emotional, and spiritual integration that you've all been wishing to create. That is why you are looked at as being the best "chance" of becoming the super race. Because you've already got a great head start.

The genetic projects by the Zetas seems to me to be like rape. There is no conscious free will choice in the moment. It is violation of boundaries. Abuse.

Yes. However understand that many of the individuals who choose experiences like abduction or rape need to learn something from the experience. The individuals on your planet who have successfully experienced that and not allowed it to ruin their lives are the ones that are teaching others to change the patterns of victimization.

Groups who shift awareness allow an individual who is violated to develop a sense of empowerment and spread that sense of empowerment to others. Instead of looking at the event that occurred and the tragedy, if you look at the potential for change, the potential for growth (not only for the individual but as it spreads exponentially on a planetary scale) then what you are dealing with is a massive evolutionary step from one of powerlessness to one of powerfulness.

We understand that the way it looks from the point of view you have chosen on your planet is that violation is a terrible thing and should not be here. But there are other lessons to be learned from it, and the choice is to learn the lessons and evolve, or not learn and perpetuate the cycle of victimhood.

We certainly applaud your courage as a species for manifesting these things. This is something our race never did--not that you have to do this in order to grow. But one of the beliefs of your species is that your growth comes through hard work and sometimes suffering.

The point of all of it is to come to a point of personal empowerment where you as souls no longer need to create these types of circumstances. When there are no more victims, there can be no more perpetrators. We cannot stop looking at it from that perspective. You will always attract to you that which you need to experience to compliment your belief system. If you believe you are a victim, there must be a perpetrator out there.

In terms of the overall purpose, this is why this occurs. It is an evolutionary step--not that it has to be taken this way, but this is the way you have chosen it.

Could it be that we also want to move through our lessons faster?

Yes. In terms of evolution, your planet is moving quite rapidly. Having studied many cultures as

a sociologist, your race is moving through your milestones at a breakneck speed. I have studied races personally who have taken two and three times as long as you have to reach the level you are at now. The rate at which you will learn your lessons is also a choice on the part of your mass consciousness of which you as individuals are a part. ☆

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Note: For more information on the Zeta Reticuli species, their motivations and history, and the transformation of the human species through contact with them, please see the book Visitors from Within by Lyssa Royal and Keith Priest, available through www.amazon.com.

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